

Dr S.C. Gulhane Prerna College of Commerce, Science and Arts



Run by Prerna Sewa Mandal
Reshimbag Square, Nagpur-24

Govt Recognized and Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University
NAAC (UGC) ACCREDITED INSTITUTION 'B' GRADE (CGPA-2.32)

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REPORT ON “Activities under Youth Affairs and Sports”

Program: Activities performed under Youth Affairs and Sports - “Swachhata Hi Seva”, “Door to Door awareness”, “Cyclothon” and “Best out of waste Competition”

Organised By: NSS Unit, Dr S.C. Gulhane Prerna College of Commerce, Science and Arts

Program Coordinators: Dr Manjiri Pathak, Dr Bharti Deshmukh

Date: 25th September 2024 and 26th September 2024

Objectives: -

1. To contribute in Swachh Bharat Abhiyan & undertake Cleanliness drive.
2. To raise awareness about the importance of cleanliness in homes, workplaces, and public spaces.
3. To educate the public about specific diseases like Dengue, Chikungunya, Malaria and so on including their causes, symptoms, transmission methods and risk factors.
4. To encourage the adoption of healthy lifestyle choices to reduce the risk of disease, such as proper nutrition, regular exercise, etc.
5. To encourage participants to engage in physical activity, promoting cycling as a fun and effective way to stay fit and healthy.
6. To promote cycling as an eco-friendly mode of transportation that reduces carbon emissions and pollution.
7. To foster a sense of responsibility towards reducing waste and promoting the 3Rs—Reduce, Reuse, Recycle.
8. To empower individuals to repair, repurpose, or transform items rather than dispose of them.

Highlights: -

Swachhata Hi Seva & Door to Door Services (25/09/2024)

1. In this activities students went to Pakwasa Ayurved College premises to provide Shramdan and performed some other activities regarding cleanliness. They also met with the people of near locality and made aware all of them about specific diseases like Dengue, Chikungunya, Malaria and so on.

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2. The students and faculty members enthusiastically participated in activity by cleaning area of Pakwasa Ayurved College premises.

Cyclothon & Best out of Waste Competition (26/09/2024)

1. On this event Dr S.C. Gulhane, the Secretary of the Prerna Seva Mandal, waved green flag for Cyclothon in the presence of Dr Pravin Joshi, the Director of college. Dr Joshi explained to the students the importance of physical activities to maintain effective health.
2. Mrs. Radha Falke, Art and Craft Teacher at Prerna convent was judge for the competition Best out of Waste. She judged Participants' creativity and accordingly declared winners. In this competition Nihar Manmode and Faheem Ansari from BCA II year secured 1st rank while Nidhi Chikhlonde from B.Com I year stood 2nd and Smruti Golghate from B.Sc IT I year 3rd rank.

Outcome: -

1. Students got aware of the Cleanliness drive.
2. They understood the importance and relevance of the Cleanliness.
3. People become more knowledgeable about diseases, their symptoms, prevention methods, and available treatments.
4. Participants experience immediate physical benefits, such as improved stamina, endurance, and overall fitness.
5. Many participants adopt cycling or other physical activities as part of their daily routine after the event.
6. Participants, especially students, are encouraged to think and come up with innovative ideas for transforming waste materials into useful or artistic products.
7. The competition encourages participants to recycle and repurpose waste materials rather than throwing them away, directly contributing to waste reduction.

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