



# Dr S.C. Gulhane Prerna College of Commerce, Science and Arts

Run by Prerna Sewa Mandal  
Reshimbag Square, Nagpur-24

Govt Recognized and Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University  
NAAC (UGC) ACCREDITED INSTITUTION 'B' GRADE (CGPA-2.32)

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## REPORT ON The NSS UNIT & WOMEN'S Cell organized an awareness Seminar "Zero HIV, Zero Fear"

**Title of the Program:** - 'Zero HIV,Zero Fear'.

**Guest Speakers:** Jaya Badukle, ICTC Counsellor of Government Ayurvedic Hospital.

**Date and Time:** Saturday, 7th December 2024, 9.00am.to 10.30 pm.

### Objectives:

1. To reduce the number of new HIV infections through preventive measures such as education, testing, treatment, and access to preventive tools like pre-exposure prophylaxis (PrEP) and condoms.
2. To tell how reduce the social stigma and discrimination among the people living with HIV face.
3. To educate communities about how HIV is transmitted and how it can be prevented.
4. To Ensuring that people living with HIV have access to life-saving antiretroviral therapy (ART) and healthcare services, which can help prevent the progression of the virus to AIDS and allow individuals to lead healthy, productive lives.
5. To promote human rights, improve access to healthcare, and ensure that those living with HIV have the resources and support they need.

### Highlights:

1. Dr. Kanchan Khawase welcomed guest and resource person Mrs. Jaya Badukle,ICTC Counsellor of Government Ayurvedic Hospital.
2. Mrs. Jaya Badukle said "Zero Fear" emphasizes the importance of treating people living with HIV with dignity and respect.
3. She explained how the campaign promotes education and awareness, helping people understand that HIV is manageable with treatment and those living with HIV can lead healthy lives.
4. She also said it also encourages collective action to protect everyone, especially the most vulnerable populations, by ensuring that no one feels isolated or fearful of HIV.



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5. She said many international organizations, including UNAIDS, aim to eliminate new HIV transmissions and related deaths by 2030.
6. She also informed efforts to prevent mother-to-child transmission and improve healthcare systems, especially in regions with high HIV burdens.
7. She informed students "Zero HIV, Zero Fear" represents a global call to action to eliminate new HIV infections, reduce the stigma surrounding the virus, and ensure that those affected by it are supported and empowered to live free from fear and discrimination.

### Outcomes:

- **Better Knowledge of HIV Transmission and Prevention:** Students will be better informed about how HIV is transmitted and how to prevent it (e.g., through condom use, safe sex practices, and access to pre-exposure prophylaxis, or PrEP). This knowledge empowers them to make informed decisions about their health.
- **Routine HIV Testing:** Promoting HIV testing as a regular part of healthcare can encourage students to get tested, leading to early detection and better management of their health.
- **Early Diagnosis and Treatment:** For students who may be at risk, early testing and diagnosis can lead to timely access to antiretroviral therapy (ART), which reduces the risk of HIV progression and transmission.
- **Encouragement to Seek Support:** When stigma is reduced, students are more likely to seek mental health and medical support, leading to improved emotional and physical well-being.
- **Preventing HIV and Other STIs:** By integrating sexual health education into the campaign, students are more likely to adopt safe sexual practices, reducing the risk of HIV and other sexually transmitted infections (STIs).
- **Empowerment in Relationships:** The campaign can help students feel more confident in communicating with their partners about sexual health, ensuring safer and healthier relationships.
- **Reduced Fear and Anxiety:** By addressing the stigma and fear associated with HIV, students may experience less anxiety or stress about their health. They are more likely to feel comfortable discussing health concerns and seeking care if needed.
- **Peer Education and Advocacy:** Students can be trained as peer educators, enabling them to spread awareness and encourage healthy behaviors within their social circles.



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### Number of Beneficiaries:

85 Students.

### Glimpses of the Seminar :



Jaya Badukle addressing the students.

**Program Coordinator**

Dr. Kanchan Khawase

**NSS Program Officer**

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