



REPORT ON MAKAR SANKRANTICELEBRATION

Committee: Indian Culture & Human Values Preservation & Promotion Committee

Program: Makar Sankranti Celebration

Date and Time: Thursday, 19th January 2022 from 12.00 pm to 2:00 pm.

Objectives: -

1. As the name of the program itself suggests, the program aimed at preserving and celebrating the Indian culture and values.
2. To make the faculty members aware of the reasons and scientific logics behind celebrating Makar Sankranti.
3. To make the faculty members aware of benefits of the celebrating Makar Sankranti.
4. To spark employee engagement and boost employee moral through cultural meet.

Highlights: -

1. Ms. Priyanka Chandawar compered the event of Makar Sankranti.
2. Dr Pravin Joshi, Director, Prerna College of Commerce, addressed the faculty members and explain the importance of celebrating Makar Sankranti in Hindu calendar.
3. Tilgul Laddus were distributed among the faculty members as a token of mutual affection.
4. Indian Culture & Human Values Preservation & Promotion Committee organised the Haldi kumkum Programme for the lady faculty members.
5. All Lady Faculty members celebrated Haldi Kumkum and Ukhane Program.
6. Ms. Afsha Khan announced the closure of Makar Sankranti Celebration Program with a Vote of Thanks.

Outcome: -

1. All the faculty members learned the importance of celebrating Makar Sankranti.
2. They got aware about the scientific logics behind our traditions and celebrating festival of Makar Sankranti and wholeheartedly celebrated the festival which ultimately promoted co-operation and enthusiasm among faculty members.
3. The faculty members got aware about the scientific reason behind consuming sesame

and jiggery on Makar Sankranti festival asin winter season, when the body needs heat, then this sesame and jiggery laddoos work well to provide heat and energy. Sesame is rich in oil and contains protein, calcium, B complex and carbohydrate, etc.

4. Also the faculty members got aware the day marks the onset of summer and the six months auspicious period for Hindus known as Uttaraayan.
5. All faculty members got knowledge about flying a kite in an open field or on the beach puts you closer to nature, an environment that offers plenty of mind/body benefits.
6. All in all, the celebration had a positive impact on the faculty members and they thoroughly enjoyed the event.

No. of Participants: Around 74 faculty members.

Programme Coordinator: Ms Neha Samundre

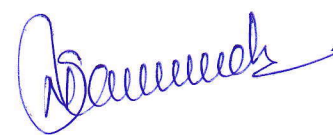




Dr Pravin Joshi addressing the faculty members



Lady faculty giving Haldi Kumkum to each others.



Mrs Neha Samundre
Programme Co-ordinator
Prerna College of Commerce