



REPORT ON

'The Best Degree is not B.Com.- Its Be Calm'

**Organized by
Extra Curricular Activity Committee**

Chief Guest: Advocate Lion Prof Dr Firdos T. Shroff, Icon and World Peace Ambassador.

Chairperson: Dr. Pravin Joshi, Director of Prerna College of Commerce.

Guest of Honour:

- 1. Dr Ujwal Lanjewar, Principle, Prerna College of Commerce.**
- 2. Dr Shivani Katakwar, Assistant Professor, Department of Commerce, Prerna College of Commerce.**

Coordinator:- Ms Neha Samundre, Assistant Professor, Department of Computer Science, Prerna College of Commerce.

Date: 24th May, 2022.

Time: From 11:30 am to 1:30 pm

Objectives: -

1. To motivate the students to maintain the peace of mind.
2. To motivate them to stay calm at every situation.
3. To understand the situation of others those who are suffering from any disturbance.
4. To set themselves to one specific, achievable goal.
5. To control their mind and focus on their objectives and goals.
6. To explain to them that getting a degree is not important developing the qualities like patience, equilibrium and composure of mind are also important for the achievement of one's goal.

Highlights: -

1. The host of the seminar Ms. Neha Samundre introduced the guest to students and started the program.
2. Dr Pravin Joshi, director, Prerna College of Commerce made the introductory remarks.
3. Dr Pravin Joshi welcomed the chief guest by offering him Shawl and Shrifal as token of love.
4. Dr Ujwal Lanjewar, Principal, Prerna College of Commerce offered abouquet to the chief guest.
5. The chief guest Mr Firdous Shroff addressed the students and said that they first



- have to review their goals and see if they are realistic in the timeframe they have set. And to achieve the big goal they may need to break the goal down further into smaller and more achievable goals.
6. He also explained to them character building is more important during the course of education to realise the true meaning of education.
 7. He also stressed the need of developing human qualities besides being qualified.
 8. At the same time he spoke on various possibilities available for the students in various fields of life.
 9. Remember why you wanted to get motivated or reach that goal in the first place.
 10. He elaborated further that they never Sometimes you just need to take a break and start afresh.
 11. Take motivation from others – feel inspired by reading a book, talking to your mentor or friends or family who has reached similar goals to the ones you have set.
 12. If you are struggling to get motivated, talk to someone you trust, or a counsellor who can provide useful strategies.
 13. Don't listen to the insults. When someone is abusive, he's acting out because of his own issues.
 14. Use your family and friends as support – tell them about your goals and encourage them to help keep you motivated.

Outcome: -

- The students have learnt the importance of developing patience in life.
- They also came to know how patience plays a very important role in career making they also realise that success is not a matter of a single effort, it is a series of efforts and more efforts even though there are failures.
- They should not allow failures to ride over them; they should be able to override the failure.

No. of Beneficiaries: - About 85 students Attended the program.

Glimpse of the Event



Ms Neha Samundre Started the Program



Dr Pravin Joshi made the Introductory Remarks



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Reshimbag Square, Nagpur - 24

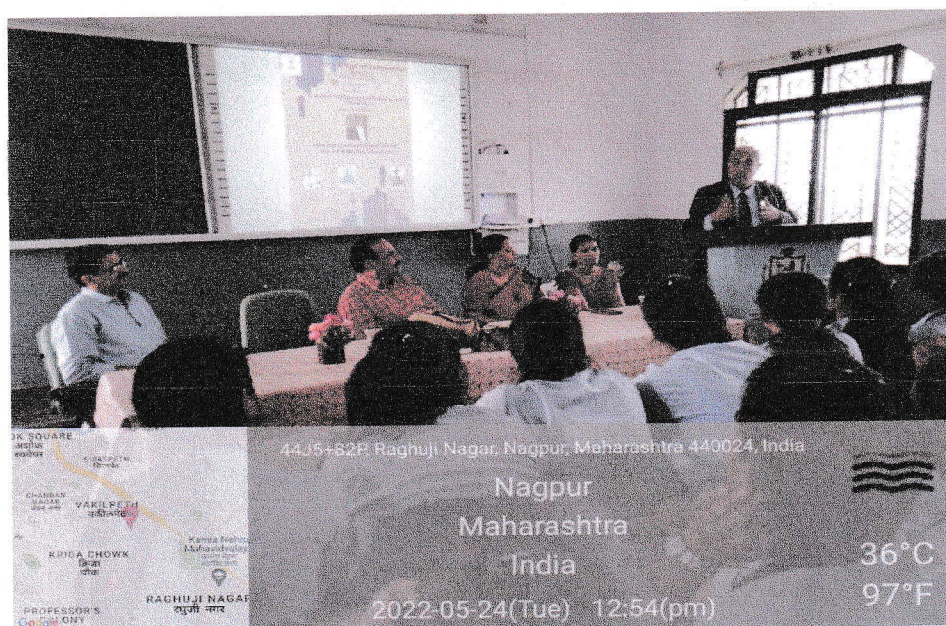
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Dr Ujwal Lanjewar and Dr Pravin Joshi welcoming the guest Dr Firdous Shroff



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Dr Firdous Shroff addressing the participants



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Mr Palash Feddewar proposed a vote of thanks

Neha D Samundhe
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Programme Co-ordinator
Prerna College of Commerce