



REPORT ON

'World Laughter Day'

2021-22

Committee: -

National /International Days Celebration Committee

Chief Guest: - Dr S.C. Gulhane, Secretary, Prerna Sewa Mandal, Nagpur

Chairperson: - Dr Pravin Joshi, Director, Prerna College of Commerce, Nagpur

Guest of Honour:-

1. Mrs. Abhilasha Gudadhe, CEO, Prerna Sewa Mandal, Nagpur.
2. Dr Ujwal Lanjewar, Principal, Prena College of Commerce, Nagpur

Day & Date: Monday, 2nd May, 2022.

Time: 12:00 noon onwards.

Objectives: -

1. To make realize to the staff members the value of laughter in their everyday life.
2. To make everyone happy and enthusiastic with laughter in this busy life.
3. To make them aware about the benefits of laughter for stress free life.
4. To explain them the importance of laughter to remain mentally fit and stable.
5. To provide various ways to the staff members to be happy and how to make others happy.

Highlights: -

1. Ms. Shital Jaikar welcomed and introduced the Chief Guest Dr S.C. Gulhane, guest speaker Dr. Pravin Joshi, Guest of Honour Ms Abhilasha Gudadhe and Dr Ujwal Lanjewar with the attendees of the program.
2. Dr Ujwal Lanjewar made the introductory remarks.
3. Dr. Pravin Joshi very effectively explained the importance of laughter in everyone's life.
4. Further in his talk, Dr. Pravin Joshi, very beautifully explained to the staff members various ways to become happy.

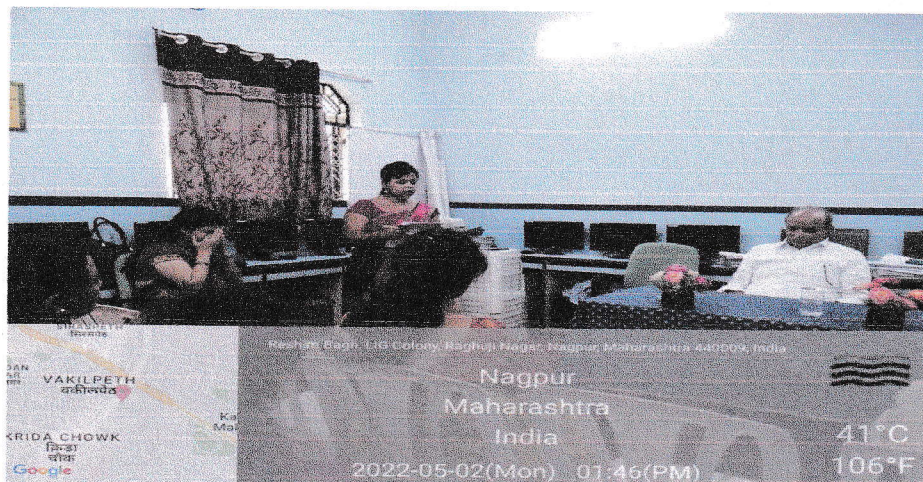
5. Sir motivated the participants to acquire this laughter therapy in their lives as it can act as a beneficial tool to solve any problem in a positive and effective way.
6. He also explained to the staff members how they can convert their negative mind to positive mind with laughter.
7. He in his talk very impressively explained to them about how they can deal with any problem in a positive way through laughter.
8. He also explained to the staff members the importance of laughter by providing different real life examples"
9. Ms Rajshree Aakre proposed a vote of thanks and the session ended by playing different laughter video clips that made everyone happy and laughs.

Outcome: -

1. The staff members learnt the importance of laughter in their lives.
2. They learnt different ways to stay happy and how to increase their positive attitude using laughter"
3. They have learnt how to deal with any problems in positive way and also learnt about how to improve their personality by acquiring various laughter tricks.
4. They also understood how they can increase their capability with different habits of laughter.

No. of Participants: -

About 50 participants attended this program.



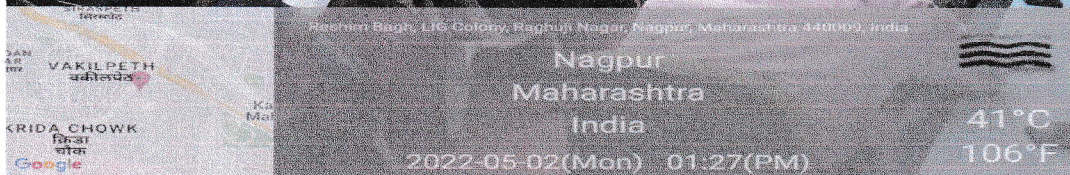
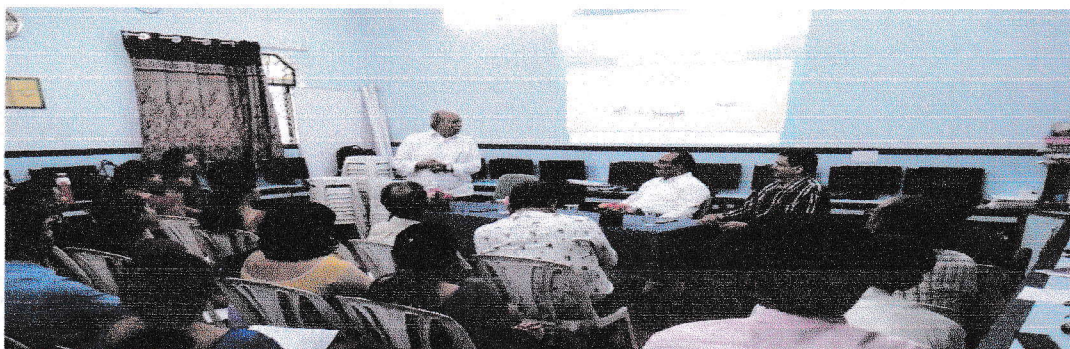
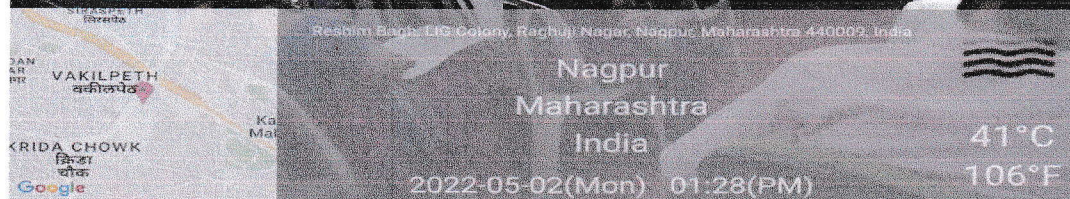
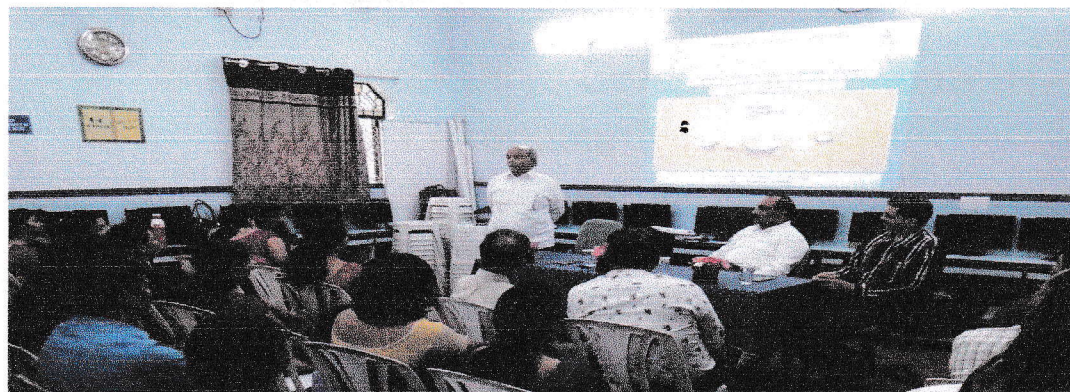
Ms Rajshree Akre doing compering during the program



PRERNA COLLEGE OF COMMERCE

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The chief guest Dr S.C. Gulhane sharing the funny incidents with the staff members

Namurk
6/5/2022
Neha D Samundre
Programme Co-ordinator
Prerna College of Commerce