



PRERNA COLLEGE OF COMMERCE

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REPORT ON

'Fostering positive value through education'

Chief Guest: Padam Shri Shri Agus Indra Udayana, Indonesia .

Chairperson: Dr. S.C. Gulhane, Secretary Prerna Sewa Mandal

Guest of Honour:

1. Prof. Vijay Kumar Kewalramani, President Sindhu Navyuvak Mandal.
2. Dr. Sushma Pankule, Vice president WILPF India.

Our Inspiration: 1. Dr. Pravin Joshi, Director Prerna College of Commerce.

**2. Dr. Urmila Dabir, Principal Rajkumar Kewalramani
Kanya Mahavidyalaya.**

**3. Shri Sanjeev Khatri, Consultant & Past President Rotary
Nagpur west.**

**Coordinator:- Ms Neha Samundre, Assistant Professor, Department of
Computer Science, Prerna College of Commerce.**

**Dr. Rajani Harode, Professor & HOD Department of Sociology
Rajkumar Kewalramani Kanya Mahavidyalaya.**

Date: 14th Sep, 2022.

Time: From 09:00 am to 11:00 am

Objectives: -

1. To motivate the students to maintain the peace of mind.
2. To motivate them to stay calm at every situation.
3. To understand the situation of others those who are suffering from any disturbance.
4. To set themselves to one specific, achievable goal.
5. To control their mind and focus on their objectives and goals with the help of meditation.
6. To make students aware of our Indian culture and its values.
7. To make them understand the importance of Yoga and Pranayam in their routine life.
8. To explain to them that getting a degree is not important developing the qualities like patience, equilibrium and composure of mind are also important for the achievement of one's goal.

Highlights: -



1. The host of the seminar Dr Madhavi Moharil from kewalramani college introduced the guest to students and started the program.
2. Dr Pravin Joshi, director, Prerna College of Commerce made the introductory remarks.
3. Dr S.C.Gulhane welcomed the chief guest **Padam Shri Shri Agus Indra Udayana** by offering him Shawl, Shrifal, Bouquet and Memento as token of love.
4. Dr S.C.Gulhane, Secretary was welcomed by Dr Pravin Joshi.
5. Dr Urmila Dabir madam, was welcomed by Dr Pravin Joshi.
6. Dr. Sushma Pankule madam, President Vice, WILPF India, was welcomed by Dr Pravin Joshi.
7. Dr. Rajani Harode welcomed Mr. Sanjeev Khatri.
8. Ms. Neha Samundre welcomed Dr. Urmila Dabir.
9. The chief guest **Padam Shri Shri Agus Indra Udayana** addressed the students and said that they first have to review their goals and see if they are realistic in the timeframe they have set. And to achieve the big goal they may need to break the goal down further into smaller and more achievable goals.
10. He also explained them character building is more important during the course of education to realise the true meaning of education.
11. He also stressed on the need of developing human qualities besides being qualified like helping the weaker sections of society.
12. At the same time he spoke about nurturing positive attitude in life at every situation.
13. Take motivation from others – feel inspired by reading a book, talking to your mentor or friends or family who has reached similar goals to the ones you have set.
14. He explained the importance of our culture and ancient knowledge.
15. Further he added the importance of yoga, pranayama and waking up early to lead a positive and healthy life.
16. He explained the verse of our holy books and their connection with positivity.
17. He interacted with students and appreciated them.
18. He also sung a song and did some exercise to bring positivity.
19. If you are struggling to get motivated, talk to someone you trust, or a counselor who can provide useful strategies.
20. Use your family and friends as support – tell them about your goals and encourage them to help keep you motivated.
21. He stressed on the point that it totally depends on mind to have a calm positive and helping approach towards society.

Outcome: -

- The students have learnt the importance of developing patience in life.
- They also came to know how patience plays a very important role in career making they also realise that success is not a matter of a single effort, it is a series of efforts and more efforts even though there are failures.
- They also came to know the importance of yoga and pranayam to maintain physical and

mental peace of mind.

- The students realised the importance of holy books like Bhagwat Geeta, Quran and Bible as the main sources of value education.
- The students got inspired to educate themselves in desirable way and becoming worthy citizens of the world.
- The students got motivation to have a positive approach towards life and their career path.
- The students got a positive angle dealing with every situation in their life.
- They should not allow failures to ride over them; they should be able to override the failure.

No. of Beneficiaries: - About 120 students Attended the program.

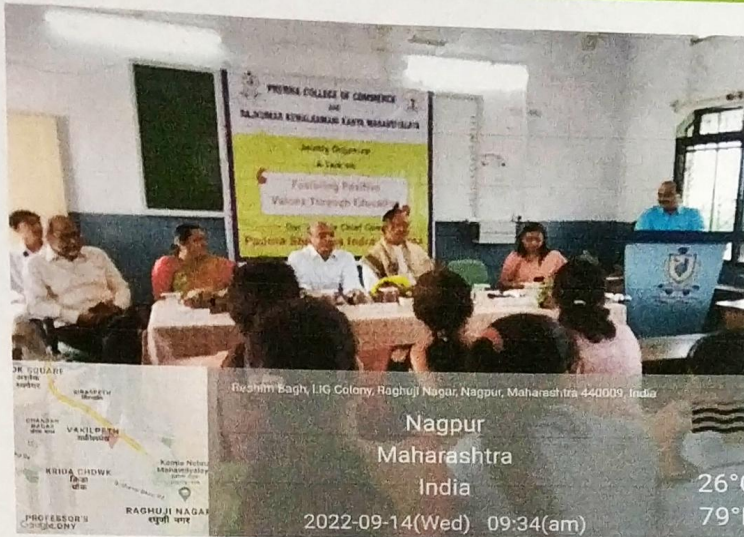
Glimpse of the Event



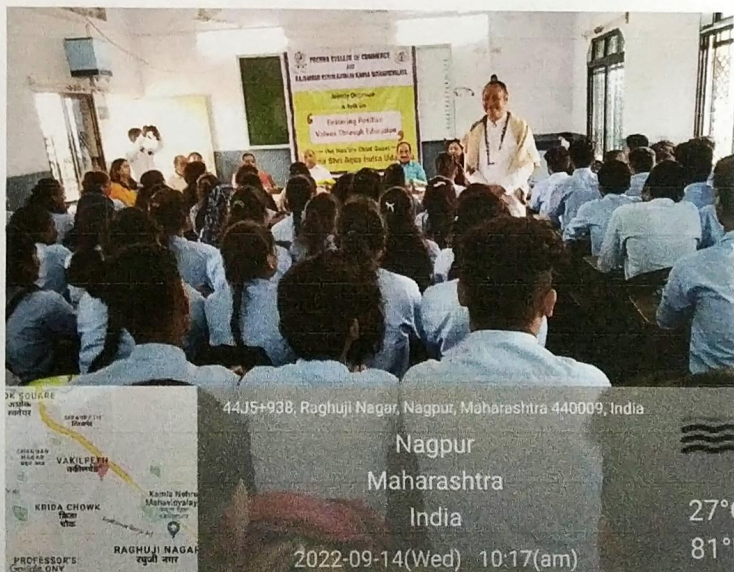
Welcoming Chief Guest



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Dr. Pravin Joshi sir presenting an introductory remark



Chief guest Padam Shri Shri Agus Indra Udayana addressed the students



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Therapy for positivity



Votes of thanks

Shikhar
Mr. Lakshmi Shrivastava

Shab
Mr. Shalaka Jaygaonkar

Prerna
Ms. Neha Samant
Programme Co-ordinator
Prerna College of Commerce