

REPORT

A Webinar on 'Developing Patience and maintaining equilibrium during Pandemic'

Prerna College of Commerce organized a webinar for its students and teachers on the topic 'Developing Patience and maintaining equilibrium during Pandemic' on 14th October 2020 from 12.00 noon to 1.00 p.m. Dr Moushmi Paul, Professor of Philosophy, Uluberia College, Howrah, West Bengal conducted the webinar. She spoke on how to stay safe, stay healthy and stay patient on these pandemic days. She said the students to be relaxed and to practice yoga or meditation to stay patient during these unprecedented times. She said that "Patience is a Virtue" and it is a valuable quality in a person. She also said to develop patience and maintaining equilibrium during pandemic. People should talk on the phone or do a video call with family and friends and also should text or use other messaging apps to talk with family and friends. The one hour long webinar was attended by all faculty members and final year students of Prerna College. The webinar concluded with the summing up of deliberation by Director of college Dr. Pravin Joshi. The program was compeered by Ms. Bhagyashree Tijare and Ms. Vidya Mulmule proposed a vote of thanks.



Dr Moushmi Paul addressing listeners on topic 'Developing Patience and maintaining equilibrium during Pandemic'


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