



Prerna Sewa Mandal's

## **PRERNA COLLEGE OF COMMERCE**

Reshimbag Square, Nagpur - 440024.

### **Report on Awareness Program**

#### **About**

#### **'Lifestyle Changes – Post Covid-19 Pandemic Situation'**

**(2020 – 2021)**

#### **Prerna College of Commerce Organized Awareness Programme**

The NSS Unit of Prerna College of Commerce virtually organized an Awareness Programme about, 'Lifestyle Changes- Post Covid-19 Pandemic Situation' on 27 Oct, 2020. On this occasion Dr. Anil Masand, Orthopaedic Surgeon, Nagpur. Dr. Shankar Khobragade, Consultant Physician, Nagpur and Dr. Bharti Gidwani, Stress Management Consultant, Nagpur, were the honorable resource persons. Initially Dr. Pravin Joshi, Director, Prerna College of Commerce, welcomed and introduced the guests. Dr. Anil Masand in his talk introduced the nature of Covid-19 and disclosed meaning of same as Corona Virus Disease – 2019, in a simple way. He suggested the ways to come out of this situation by utilizing SMS – means Soap Water, Mask and Social Distancing and SUMAN – Seedha, Ulta, Mutti, Angutha and Nakhun method of washing and cleaning hands. Dr. Shankar Khobragade, introduced the students about various kinds of virus existed in the world through PowerPoint presentation and advised mental health is equally important as physical. Dr. Bharti Gidwani, in her talk appealed students to "Be Positive in Negative Situation." The program was compeered by Ms Dipali Randive and Ms Priya Godbole proposed a vote of thanks.

Prominently present on the occasion were Dr. Bharati Deshmukh, Officiating Principal, Dr. Shivani Katakwar, HOD of Commerce & Mgmt, Dr. Manjiri Pathak and Mr. Vikram Dongre, Program Co-Ordinators, Dr. Liladhar Revatkar, Mr. Prashant Selokar, Ms. Pooja Gadwe and all the faculty members worked hard to make the program successful. About 274 students were present at the program.

*[Signature]* [Dr. Manjiri Pathak]

Principal  
Prerna College of Commerce  
Nagpur



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Honorable Resource Persons Dr. Anil Masand, Dr. Shankar Khobragade, Dr. Bharti Gidwani and Director, Dr. Pravin Joshi sharing their views.

*[Signature]* [Dr. Manjisi Pathale]  
Principal  
Prerna College of Commerce  
Nagpur